

Team Building & Interventions



Team Interventions

If you find you have team members who waste time, pull down morale and productivity join us for our team intervention process.

Our comprehensive approach to team intervention will provide you with practical ways to boost morale and motivation in your team.

Team Building

3DMind Psychologists designed and developed team building modules that focus on bringing unity within your work team environment.

We focus on skills-based team building in an interactive, fun but meaningful way.

Six modules (2 hours each), can be tailored to best suit your teams' identified needs. The modules cover:

- Understanding differences in work styles amongst team members
- Adapting your style to work effectively with team members
- Developing aspirational team values and behaviours to guide and motivate your team
- The Communication Game
- Options for managing conflict and how to reach common ground
- Insight from a quick online computerised survey and comprehensive report

Following our modules your team can:

- Enjoy increased collaboration
- Experience improved communication
- Achieve better productivity
- Exceed current morale and motivation levels



In 2010, the Productivity Commission found that bullying at work costs Australian organisations between \$6 billion and \$36 billion a year in lost productivity.

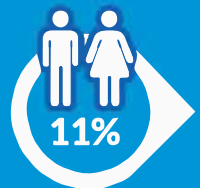


92%

of work-related mental disorder claims are attributed to work-related mental stress



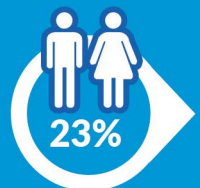
The main causes of work related mental disorder claims are:



exposure to workplace or occupational violence



work related harassment or bullying



work pressure